

SHANNON VOLMET 3.413 5.505 8.957 13.264 MHz

H + 00	H + 05	H + 10	H + 15	H + 20
BRUSSELS HAMBURG Brussels Hamburg Frankfurt Cologne-Bonn Dusseldorf Munich	LONDON SHANNON PRESTWICK London Shannon Prestwick London / LGW Amsterdam Manchester	Copenhagen Stockholm Gothenburg Bergen Oslo Helsinki Dublin Barcelona	MADRID LISBON PARIS Madrid Lisbon Santa Maria Paris Paris / CDG Lyon	ROME MILAN Rome Milan Zurich Geneva Turin Keflavik
H + 30	H + 35	H + 40	H + 45	H + 50
FRANKFURT COLOGNE-BONN Brussels Hamburg Frankfurt Cologne-Bonn Dusseldorf Munich	LONDON / LGW AMSTERDAM MANCHESTER London Shannon Prestwick London / LGW Amsterdam Manchester	Copenhagen Stockholm Gothenburg Bergen Oslo Helsinki Dublin Barcelona	SANTA MARIA ATHENS PARIS / CDG Madrid Lisbon Santa Maria Paris Paris / CDG Lyon	ZURICH GENEVA Rome Milan Zurich Geneva Turin Keflavik

ASIA VOLMET 3.458 5.673 8.849 13.285 MHz

AUSTRALIAN		CALCUTTA	BANGKOK	KARACHI	SINGAPORE	BOMBAY
H + 00	H + 05	H + 10	H + 15	H + 20	H + 25	
Melbourne Sydney Brisbane Perth Darwin Cairns Townsville Adelaide	Calcutta Delhi Dhaka Rangoon Kathmandu CALCUTTA DELHI	Bangkok Rangoon Hanoi Ho Chi Minh Phnom Penh Utapao Vientiane BANGKOK RANGOON	Karachi Islamabad Lahore Delhi Bombay KARACHI LAHORE BOMBAY DELHI	Singapore Kuala Lumpur Abdul Aziz Soekarno Hatta Kuching Kota Kinabulu Brunei Bali Penang SINGAPORE KUALA LUMPUR	Bombay Ahmedabad Chennai (Madras) Colombo Karachi Malé BOMBAY COLOMBO	
H + 30	H + 35	H + 40	H + 45	H + 50	H + 55	
Melbourne Sydney Brisbane Darwin Cairns Townsville Adelaide	Calcutta Delhi Dhaka Kathmandu CALCUTTA DELHI	Bangkok Rangoon Hanoi Phnom Penh Utapao Vientiane BANGKOK RANGOON	Karachi Islamabad Lahore Bombay KARACHI LAHORE BOMBAY DELHI	Singapore Kuala Lumpur Abdul Aziz Kuching Kota Kinabulu Brunei Bali Penang SINGAPORE SOEKARNO HATTA	Bombay Ahmedabad Chennai (Madras) Karachi Malé BOMBAY COLOMBO MALÉ	

NAT VOLMET 3.485 6.604 10.051 13.270 MHz

NEW YORK

GANDER

H + 00	H + 05	H + 10	H + 15	H + 20	H + 25
DETROIT CLEVELAND CINCINNATI Detroit Cleveland Cincinnati Indianapolis Pittsburgh BANGOR WINDSOR LOCKS	BANGOR WINDSOR LOCKS CHARLOTTE Bangor Windsor Locks Norfolk Charlotte	NEW YORK NEWARK BOSTON New York Newark Boston Baltimore Washington	BERMUDA MIAMI ATLANTA Bermuda Miami Nassau Orlando Atlanta	MONTREAL TORONTO OTTAWA Gander Montreal Toronto Ottawa Goose	WINNIPEG EDMONTON CALGARY CHURCHILL Kuujuaq Winnipeg Churchill
H + 30	H + 35	H + 40	H + 45	H + 50	H + 55
CHICAGO MILWAUKEE MINNEAPOLIS Chicago Milwaukee Minneapolis Detroit Boston	INDIANAPOLIS ST LOUIS PITTSBURGH Indianapolis St Louis Pittsburgh Atlantic City	BALTIMORE PHILADELPHIA WASHINGTON Baltimore Philadelphia Washington New York Newark	NASSAU ORLANDO Bermuda Miami Nassau Orlando Atlanta Tampa West Palm Beach	GANDER ST JOHN'S HALIFAX Gander St John's Halifax Stephenville Montreal / YMX	GOOSE IQALUIT SØNDRE STRØM Goose Iqaluit Søndre Strøm Kuujuaq

PAC VOLMET 2.863 6.679 8.828 13.282 MHz

HONOLULU		TOKYO		HONG KONG	AUCKLAND	HONOLULU
H + 00	H + 05	H + 10	H + 15	H + 20	H + 25	
HONOLULU HILO GUAM Honolulu Hilo Kahului Guam	SAN FRANCISCO SEATTLE LOS ANGELES San Francisco Los Angeles Seattle Portland Sacramento Ontario Las Vegas	New Tokyo Tokyo Sapporo Nagoya Kansai Fukuoka Inchon NEW TOKYO KANSAI	Hong Kong Guangzhou Naha Taipei Gaoxiang Manila Mactan HONG KONG	Auckland Christchurch Wellington Nadi Faleolo Tontouta Pago Pago Tahiti NADI TONTOUTA	ANCHORAGE FAIRBANKS COLD BAY KING SALMON VANCOUVER Anchorage Elmendorf Fairbanks Cold Bay King Salmon Vancouver	
H + 30	H + 35	H + 40	H + 45	H + 50	H + 55	
HONOLULU HILO GUAM Honolulu Hilo Kahului Guam	SAN FRANCISCO SEATTLE LOS ANGELES San Francisco Los Angeles Seattle Portland Sacramento Ontario Las Vegas	New Tokyo Tokyo Sapporo Nagoya Kansai Fukuoka Inchon NEW TOKYO KANSAI	Hong Kong Guangzhou Naha Taipei Gaoxiang Manila Mactan HONG KONG	Auckland Christchurch Wellington Nadi Faleolo Tontouta Pago Pago Tahiti AUCKLAND CHRISTCHURCH	ANCHORAGE FAIRBANKS COLD BAY KING SALMON VANCOUVER Anchorage Elmendorf Fairbanks Cold Bay King Salmon Vancouver	